

**Summer 2024**  
**updated June 28, 2024**

	<b>Title</b>	<b>Author(s)</b>	<b>Publication Year</b>	<b>Edition</b>	<b>ISBN</b>
<b>Course 500 - Principles of Research and Program Evaluation</b>					
<b>Required Books</b>	Counseling and Educational Research: Evaluation and Application	Houser	2019	4th edition	978-1544305066
	The Heart and Soul of Change: What Works in Therapy	Duncan, Miller, Wampold, & Hubble	2010	2nd edition	978-1433807091
<b>Course 503 - Introduction to the Counseling Profession</b>					
<b>Required Books</b>	Orientation to Professional Counseling: Past, Present, and Future Trends	Nassar & Niles	2018		978-1556203664
	Adlerian Counseling and Psychotherapy: A Practitioner's Wellness Approach	Sweeney	2019	6th edition	978-1138478954
<b>Course 504 - Abnormal Psychology &amp; DSM-5</b>					
<b>Required Books</b>	Diagnostic and Statistical Manual of Mental Disorders, Text Revision (DSM-5-TR)	American Psychiatric Association	2022	5th edition	978-0890425763
	Diagnosing and Treating Children and Adolescents: A Guide for Mental Health Professionals	Flamez & Sheperis	2015		978-1118917923
	Psychopathology & Psychotherapy: DSM-5 Diagnosis, Case Conceptualization, and Treatment	Sperry, Carlson, Duba Sauerheber, & Sperry	2015	3rd edition	978-0415838733
<b>Course 505 - Developmental Psychology</b>					
<b>Required Books</b>	The Life Span: Human Development for Helping Professionals	Broderick & Blewitt	2020	5th edition	978-0135227763
	Nurturing Resilience: Helping Clients Move Forward from Developmental Trauma	Kain	2019		978-1623172039
<b>Course 509 - Comparative Theories Through an Adlerian Lens</b>					
<b>Required Books</b>	Counseling and Psychotherapy Theories: In Context and Practice	Sommers-Flanagan & Sommers-Flanagan	2018		978-1119473312
	Primer of Adlerian Psychology: The Analytic Behavioral Cognitive Psychology of Alfred Adler	Mosak & Maniaci	1999		978-1583910030
	Adlerian Counseling and Psychotherapy: A Practitioner's Wellness Approach	Sweeney	2019	6th edition	978-1138478954
<b>Course 516 - Introduction to Addictions and Co-Occurring Disorders</b>					
<b>Required Books</b>	Foundations of Addictions Counseling	Capuzzi & Stauffer	2019	4th edition	978-0135166932
<b>Course 517 - Ethics and Professional Identity in Counseling</b>					
<b>Required Books</b>	Ethical Decision-Making for the 21st Century Counselor	Sheperis, Henning, & Kocet	2015	1st edition	978-1452235493
<b>Recommended Book</b>	Ethical, Legal, and Professional Issues in Counseling	Remley & Herlihy	2016	5th edition	978-0134061641
<b>Course 519 - Trauma and Crisis Intervention</b>					
<b>Required Books</b>	Introduction to Crisis and Trauma Counseling	Duffey & Haberstroh	2020	1st edition	978-1556203770
<b>Recommended Book</b>	Trauma Stewardship	Van Derhoot Lipsky	2009		978-1576759448

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<b>Course 521.5 Values, Ethics, and Legalities in Art Therapy</b>					
Required Books	See syllabus for required books.				
<b>Course 523 - Multicultural Counseling</b>					
Required Book	Multicultural Counseling: Responding with Cultural Humility, Empathy, and Advocacy	Summers & Nelson	2023	1st edition	978-0826139528
Recommended Book	Cultural Humility: Engaging Diverse Identities in Therapy	Hooks, Davies, Owen, & DeBlaere	2017	1st edition	978-1433827778
<b>Course 525 - Essential Interviewing Skills</b>					
Required Books	Intentional Interviewing and Counseling: Facilitating Client Development in a Multicultural Society	Ivey, Ivey, & Zalaquett	2022	10th edition	978-0357622797
	The Key to Psychotherapy: Understanding the Self-Created Individual	Powers & Griffith	2012	2nd edition	978-0918287182
	Adlerian Counseling and Psychotherapy: A Practitioner's Wellness Approach	Sweeney	2019	6th edition	978-1138478954
<b>Course 527.3 - Exploring the Expressive Arts Through Play Therapy</b>					
Required Books	Doing Play Therapy: From Building the Relationships to Facilitating Change	Kottman & Meany-Walen	2018		978-1462536054
	Handbook of Expressive Arts Therapy	Malchiodi	2023		978-1462550524
<b>Course 527.4 - Expressive Arts: Group Applications</b>					
Required Book	Art-Based Group Therapy: Theory and Practice	Moon	2016	2nd edition	978-0398091156
Recommended Book	Creative Activities for Group Therapy	Brown	2023		978-1032171470
<b>Course 527.5 - Visual Arts in Storytelling</b>					
Required Books	See syllabus.				
<b>Course 527.9 - Dreamwork</b>					
Required Books	A Clinician's Guide to Dream Therapy	Ellis	2020		978-0367029159
	Let Your Body Interpret Your Dreams	Gendlin	2004		978-0933029019
<b>Course 527.10 - Movement and the Creative Process</b>					
Required Books	Sensing, Feeling, and Action: The Experiential Anatomy of Body-Mind Centering	Cohen	2012		978-0937645147
	The Expressive Body in Life, Art and Therapy: Working with Movement, Metaphor and Meaning	Halprin	2008		978-1843107378
<b>Course 527.11 - MARI</b>					
Required Books	The Mandala Way: A Creative Journey into Healing and Self-Empowerment	Kedmy	2023		978-1786787163
	The Little Book of Color: How to use the Psychology of Colour to Transform Your Life	Haller	2019		978-0241352854
<b>Course 532 - Group Psychotherapy &amp; Counseling</b>					
Required Books	The Theory and Practice of Group Counseling	Corey	2022	10th edition	978-0357622957
	Adlerian Group Counseling and Therapy: Step-by-Step	Sonstegard, Bitter, & Pelonis	2015	1st edition	978-1138871588

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	The Interpersonal Neurobiology of Group Psychotherapy and Group Process	Gantt & Badenoch	2013	1st edition	978-1780491776
<b>Course 533 - Clinical Assessment</b>					
<b>Required Books</b>	Assessment in Counseling: Procedures and Practices	Hays	2023	7th edition	978-1556204159
<b>Course 534 - Behavioral Neuroscience</b>					
<b>Required Books</b>	Handbook of Clinical Psychopharmacology for Therapists	Preston, O'Neal, & Talaga	2021	9th edition	978-1684035151
	Behavioral Neuroscience for the Human Services: Foundations in Emotion, Mental Health, Addiction, and Alternative Therapies	Johnson	2014		978-0199794157
	Trauma-Informed Care: How Neuroscience Influences Practice	Evans & Coccoma	2014		978-1138637160
<b>Recommended Books</b>	The Neuroscience of Psychotherapy: Healing the Social Brain	Cozolino	2017	3rd edition	978-0393712650
	The Polyvagal Theory in Therapy: Engaging the Rhythm of Regulation	Dana	2018		978-0393712384
<b>Course 536 - Clinical Treatment Planning in Counseling &amp; Psychotherapy</b>					
<b>Required Books</b>	Treating Those with Mental Disorders: A Comprehensive Approach to Case Conceptualization	Kress & Paylo	2018	2nd edition	978-0134814568
<b>Course 537 - Advanced Approaches to Counseling &amp; Psychotherapy Skills</b>					
<b>Required Books</b>	Individual Counseling and Therapy: Skills and Techniques	Chen & Giblin	2017	3rd edition	978-0415417334
	45 Techniques Every Counselor Should Know	Erford	2019	3rd edition	978-0134694894
	Adlerian Counseling and Psychotherapy: A Practitioner's Wellness Approach	Sweeney	2019	6th edition	978-1138478954
<b>Recommended Books</b>	Learning and Practicing Adlerian Therapy	Sperry & Binenszok	2019		978-1516536948
	The Key to Psychotherapy: Understanding the Self-Created Individual	Powers & Griffith	2012	2nd edition	978-0918287182
	The Individual Psychology Client Workbook	Powers & Griffith	2012	3rd edition	978-0918287205
<b>Course 539 - Consultation and Advocacy in the Mental Health Profession</b>					
<b>Required Books</b>	Professional Counseling Excellence Through Leadership and Advocacy	Chang & Barrio Minton	2021	2nd edition	978-0367494568
	And Healthcare for All: How to Become a High-Performing, Equity-Centric Organization: A Practical Guide for Health Leaders	Mancini	2023		978-1915930453
<b>Course 541 - Theories of Family Therapy</b>					
<b>Required Books</b>	Family Therapy: Concepts and Methods	Nichols & Davis	2021	12th edition	Check Pearson (publisher)
	Systems of Family Therapy: An Adlerian Integration	Sherman & Dinkmeyer	2015		978-1138869042
<b>Course 542 - Couples Counseling</b>					
<b>Required Books</b>	Clinical Handbook of Couple Therapy	Lebow & Snyder	2022	6th edition	978-1462550128
	Case Studies in Couples Therapy	Carson & Casado-Kehoe	2011	1st edition	978-0415879439

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<b>Course 544 - Counseling Children &amp; Adolescents</b>					
<b>Required Books</b>	See syllabus for required books.				
<b>Course 551 - Foundations of Art Therapy</b>					
<b>Required Books</b>	Wiley Handbook of Art Therapy	Gussak & Rosal	2024		978-1119155591
	Little Windows into Art Therapy: Small Openings for Beginning Therapists	Schroder	2005		978-1843107781
	Adlerian Theory: An Introduction	Dreikurs Ferguson	2009		978-1439259955
<b>Course 553 - Group Art Therapy</b>					
<b>Required Books</b>	See syllabus.				
<b>Course 556 - Art Therapy Studio: Media Exploration</b>					
<b>Required Books</b>	Expressive Therapies Continuum: A Framework for Using Art in Therapy	Hinz	2019	2nd edition	978-0367280420
	A Guide to Art Therapy Materials, Methods, and Applications: A Practical Step-by-Step Approach	Horovitz	2017		978-1138209411
<b>Course 557.12 - Sexuality in Art Therapy</b>					
<b>Required Books</b>	See syllabus.				
<b>Course 559 - Integrated Approaches to Family Art Therapy</b>					
<b>Required Books</b>	Family Art Therapy: Foundations of Theory and Practice	Kerr	2015		978-1138969544
<b>Course 562 - Foundations of Career Development</b>					
<b>Required Books</b>	Career Development and Counseling: Theory and Practice in a Multicultural World	Tang	2018	1st edition	978-1452230863
	Adlerian Counseling and Psychotherapy: A Practitioner's Wellness Approach	Sweeney	2019	6th edition	978-1138478954
<b>Course 620 - Advanced Seminar in Counseling: Human Sexuality</b>					
<b>Required Books</b>	What Every Mental Health Professional Needs to Know About Sex	Buehler	2021	3rd edition	978-0826135889
	Diagnostic and Statistical Manual of Mental Disorders, Text Revision (DSM-5-TR)	American Psychiatric Association	2022	5th edition	978-0890425763
<b>Recommended Books</b>	The Principles of Pleasure: Working with the Good Stuff as Sex Therapists and Educators	Rademacher & Hoskins	2017		978-1138884823
<b>Course 680 - Foundations of Expressive Arts Therapy</b>					
<b>Required Books</b>	Big Magic: Creative Living Beyond Fear	Gilbert	2016		Audiobook recommended
	Handbook of Expressive Arts Therapy	Malchiodi	2022	1st edition	978-1462550524
<b>Course 681 - Multimodal Application of Expressive Arts Therapy</b>					
<b>Required Books</b>	The Creative Arts in Counseling	Gladding	2020	6th edition	978-1556204067
	Handbook of Expressive Arts Therapy	Malchiodi	2022	1st edition	978-1462550524
<b>Course 682 - Clinical Practices in Expressive Arts Therapy</b>					
<b>Required Books</b>	Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions	Degges-White & Davis	2017	2nd edition	978-0826177018

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	Using Expressive Arts to Work with Mind, Body, and Emotions: Theory and Practice	Pearson & Wilson	2009		978-1849050319
<b>Course 930 - Introduction to Field Experience</b>					
<b>Required Books</b>	None				
<b>Course 931 - Practicum for COD, MCFC, and CMHC</b>					
<b>Required Books</b>	Field Experience: Transitioning from Student to Professional	Zhang & Parsons	2015		978-1483344539
	Case Conceptualization: Mastering this Competency with Ease and Confidence	Sperry & Sperry	2020	2nd edition	978-0367256654
	Psychopathology and Psychotherapy: DSM-5 Diagnosis, Case Conceptualization, and Treatment	Sperry, Carlson, Sauerheber, & Sperry	2015	3rd edition	978-0415838733
	Diagnostic and Statistical Manual of Mental Disorders, Text Revision (DSM-5-TR)	American Psychiatric Association	2022	5th edition	978-0890425763
<b>Course 938 - Internship in Mental Health Counseling</b>					
<b>Required Books</b>	Field Experience: Transitioning from Student to Professional	Zhang & Parsons	2015		978-1483344539
	Case Conceptualization: Mastering this Competency with Ease and Confidence	Sperry & Sperry	2020	2nd edition	978-0367256654
	Psychopathology and Psychotherapy: DSM-5 Diagnosis, Case Conceptualization, and Treatment	Sperry, Carlson, Sauerheber, & Sperry	2015	3rd edition	978-0415838733
	Diagnostic and Statistical Manual of Mental Disorders, Text Revision (DSM-5-TR)	American Psychiatric Association	2022	5th edition	978-0890425763
<b>Course 948 - Internship in MCFC</b>					
<b>Required Books</b>	Field Experience: Transitioning from Student to Professional	Zhang & Parsons	2015		978-1483344539
	Case Conceptualization: Mastering this Competency with Ease and Confidence	Sperry & Sperry	2020	2nd edition	978-0367256654
	Psychopathology and Psychotherapy: DSM-5 Diagnosis, Case Conceptualization, and Treatment	Sperry, Carlson, Sauerheber, & Sperry	2015	3rd edition	978-0415838733
	Diagnostic and Statistical Manual of Mental Disorders, Text Revision (DSM-5-TR)	American Psychiatric Association	2022	5th edition	978-0890425763
<b>Course 956 - Introduction to Field Experience in Art Therapy</b>					
<b>Required Books</b>	Foundations of Art Therapy Supervision: Creating Common Ground for Supervisees and Supervisors	Awais & Blausey	2021		978-1138212152
<b>Course 958 - Internship in Art Therapy</b>					
<b>Required Books</b>	See syllabus for required books.				
<b>Course 988 - Internship in Co-Occurring Disorders</b>					

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