

## *Career Style Interview Questions*

### **Opening Question:**

**How can I be useful to you in constructing your career?**

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**1. Whom did you admire when you were growing up? Whom would you like to pattern your life after? List three heroes/role models.**

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

**a. What do you admire about each of these role models?**

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

**b. How are you like each of these persons?**

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

**c. How are you different from them?**

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

**2. What magazines do you read regularly? What do you like about them? What TV shows do you really enjoy? And why?**

Magazines: \_\_\_\_\_

\_\_\_\_\_

TV shows: \_\_\_\_\_

\_\_\_\_\_

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**3. Tell me about your favorite book/movie.**

Book: \_\_\_\_\_

\_\_\_\_\_

Movie: \_\_\_\_\_

\_\_\_\_\_

**4. What do you like to do with your free time? What are your hobbies? What do you enjoy about these hobbies?**

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

**5. Do you have a favorite saying or motto?**

1. \_\_\_\_\_

2. \_\_\_\_\_

**6. What were your favorite/least favorite subjects in junior high and high school? And why?**

Favorite: \_\_\_\_\_

\_\_\_\_\_

Least favorite: \_\_\_\_\_

\_\_\_\_\_

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**7. What are your stories about things you recall happening to you when you were between 3 and 6 years old. List three early recollections.**

1.

MV: \_\_\_\_\_ Feeling: \_\_\_\_\_

Reason: \_\_\_\_\_

Headline: \_\_\_\_\_

2.

MV: \_\_\_\_\_ Feeling: \_\_\_\_\_

Reason: \_\_\_\_\_

Headline: \_\_\_\_\_

3.

MV: \_\_\_\_\_ Feeling: \_\_\_\_\_

Reason: \_\_\_\_\_

Headline: \_\_\_\_\_

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### **Career Style Interview Domains**

#### **Role Models**

Represent ego ideas. The focus of inquiry is on that is admired rather than who is admired.

#### **Magazines/TV**

Shows indicate preferred environments that fit the individual's style.

#### **Favorite books/Movies**

Reveal a major character that faces the same problem as the individual and show how that character dealt with the problem.

#### **Leisure and Hobbies**

Deal with self-expression and reveal manifest interests.

#### **Favorite Saying**

Provide a title to the life story.

#### **School Subjects**

Indicate preferred job tasks and work environments.

#### **Early Recollections**

Reveal preoccupations that guide personal strivings.

### **The Interpretation Process**

1. Opening statement to identify counseling goals.
2. Early recollections to recognize the preoccupation and core problem that constitute the life theme.
3. Favorite sayings to elaborate on the life theme and the immediate problem to be client wishes to deal with in Counseling.
4. First early recollection and role models to connect the core problem to potential solutions.
5. Role models to comprehend the specific characteristics and qualities the client uses or wishes to use in an attempt to solve the problem.
6. Overall stories to reveal areas for growth in terms of the career adaptability strategies of concern, control, curiosity, and confidence.
7. Overall stories to indicate vocational personality style according to Holland's (1997) RIASEC types.

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**Summary**