

Adler Graduate School Field Experience: Information

Field Experience for the CMHC track consists of 4 differing experiences:

- Introduction to Field Experience
- Practicum
- Internship
- Individual Clinical Instruction

Each of these experiences are described below:

Introduction to Field Experience 936 – 1 term/ 1 credit (3 months long). The course meets 5 times in the term for 3 hours per time. The goal of this course is to set expectations for the students related to field experience (i.e., review the Field Experience Manual, forms, professionalism, ethics and counselor wellness etc.) The students will be encouraged to begin defining their professional identity as a Counselor, to begin searching and to secure a field placement site. Students may begin their field placement during the course and may begin to log hours for field experience. This course is early in a student's program, after completion of 511 Intro to Adler, 521 Ethics.

Practicum 937 – 1 term/ 1 credit (3 months long). The course meets 5 times for 3 hours per time. The goal of this course is to educationally support students in beginning to work with clients. Shadowing, observing and co-therapy are encouraged at this level. To move to the next level of field experience, students must have completed a MINIMUM of 100 hours at their site and 40 of those hours must have been in direct service (shadowing/co-therapy) with a client.

Internship 938 – 3 terms/ 3 credits (9 months long). The course meets 5 times each section of Internship for a total of 15 class meeting times. The goal of this course is to educationally and clinically support students in advancing their skills towards working with clients. Co-therapy is still preferred, but students should be actively engaged in direct client services with a qualified on-site supervisor and begin moving towards more independent leadership by the end of their hours.

Individual Clinical Instruction 939 – 1 Credit (6 hours). This course can be taken in conjunction with the final credit of Internship, or sequentially. The goal of this course is to work individually with one of the clinical instructors to support the case conceptualization and development of a client's therapeutic process.

DISTANCE STUDENTS:

Please contact your states counseling licensing board to receive accurate information regarding the states academic requirements.

- The CMHC program requires **700 total hours of clinical experience** with 300 of the 700 hours specifically in direct counseling with individuals, groups, families, couples etc. There are no limitations of Individual or Relational hours.
- The CMHC program requires **6 credits** of field experience.
- Dr. Nicole Randick is the Program Director for the Clinical Mental Health Counseling program.
- Erin Rafferty-Bugher is the Field Experience Coordinator for the CMHC program.

If you have any questions, please contact:

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