

Upcoming CE Opportunities!

Adler Graduate School proudly introduces:
The Adler Institute of Professional Development and Continuing Education
The Institute offers unique continuing education opportunities taught by skilled professionals. Continue your education with Adler!

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Suicide Prevention in our Community

You are invited to learn about the importance of mental health, mental wellness, and suicide prevention in our lives. Breakfast and Learn, developed by SAVE, Suicide Awareness Voices of Education, will increase the knowledge of warning signs of suicide and how to connect individuals with assistance and locally-available care to decrease suicide. Join us in making your community "suicide safer", it could save a life.

Date: 3/29/17

Time: 9am-10am

Location: 1550 E 78th St Richfield, MN 55423

CE/Credit: N/A

Presenter: Suicide Awareness Voices of Education (SAVE)

SAVE was one of the nation's first organizations dedicated to the prevention of suicide. Our work is based on the foundation and belief that suicide is preventable and everyone has a role to play in preventing suicide. Through raising public awareness, educating communities, and equipping every person with the right tools, we know we can SAVE lives.

No registration required. Optional RSVP: events@alfredadler.edu

Holistic Assessment and Metaphor Therapy (Course 715)

The course presents two significant contributions to Individual Psychology clinical practice: a strategy for identifying life style information from interview data (Holistic Assessment) and a method for using client generated metaphors in counseling and psychotherapy (Metaphor Therapy). Students will learn and practice step-by-step methods for each strategy.

Date: 4/3/17 - 5/7/17

Time: Asynchronous

Location: Online

CE/Credit: 1 credit

Presenter: Charmaine McIntosh

Dr. McIntosh is a clinician in private practice with 15 years experience in mental health. She has supervised master's level therapists, conducted group supervision and co-facilitated psycho-educational groups with teenage mothers, children who have witnessed family violence and men who have abused their partners as well as critical incident stress management (CISM) in the workplace. Dr. McIntosh is the Vice President of the Ontario Society of Adlerian Psychology (ONSAP) and the Co-Chair of the Adlerian Counseling and Therapy (ACT) Section of the North American Society of Adlerian Psychology

(NASAP).

Register

Adlerian Approach to Workplace Relations (Course 774)

Based on the fundamentals of Individual Psychology, the course considers workplace relationships in business, education, and industry for the purpose of promoting more useful individual life style and healthier working communities in a contemporary workplace.



Date: 4/3/17 - 5/7/17

Time: Asynchronous

Location: Online

CE/Credit: 1 credit

Presenter: Kate Simonson

Kate is the owner of Life Direction Coaching. She specializes in coaching women executives, team building in small- and mid-sized businesses and in coaching individuals engaged in life-long learning and personal growth. She also works to develop partnerships between educational systems and companies such as AMEX, GMAC-RFC, Cargill and others. She has trained business interns and provided professional development for educators.

Register

Engaging Aging: Awakening Potential and Transforming Relationships

Limiting and debilitating beliefs often prejudice the aging process perceived, by many, as a time of diminishing contributions and decline. This interactive program promotes aging as a dynamic period of life promising unprecedented opportunities for growth and contribution. Continually creating meaning and purpose, within the aging process, will be explored. Therapeutic considerations will be included in discussions.



Date: 4/28/17, 4/29/17, 4/30/17

Time: 4/28 3pm-9pm, 4/29 8:30am-4:30pm, 4/30 9am-12pm

Location: 1550 E 78th St Richfield, MN 55423

CE/Credit: 15 CE

Presenter: Lucia Leck

Lucia Leck, MA in Adult Education from Northern Illinois University, holds a certificate in Conscious Aging from the IONS Institute. She is certified as a Sage-ing Leader from Sage-ing International. She developed curriculum and subsequently taught that college course: Voices on Aging.

Register

Understanding Pornography Addiction

This course will cover the new epidemic our society is facing: porn addiction. Pornography is the new drug and research shows it increases isolation, physiological, and psychological problems. Imaging

studies focused on brain areas associated with attention and emotional regulation indicates pornography facilitates neuroplasticity and neurogenesis, the creation of new connections and neural pathways in the brain causing addiction in novelty. Furthermore, carefully conducted research has found many of the symptoms people face with pornography addiction can be similar to other psychological and physiological disorders.

Through an Adlerian lens, this course will cover the similarities and differences of the classic addiction model and how it compares to the new drug of pornography addiction. In addition to covering contemporary theories and research, each class will include time to engage in a variety of experiential practices to learn more about the complexities of this new addiction.

Date: 5/3/17 & 5/10/17

Time: 6pm-9pm

Location: 1550 E 78th St Richfield, MN 55423

CE/Credit: 6 CE

Presenter: Dr. Ryan Westrum

Dr. Ryan Westrum has been an active psychotherapist for over 15 years and is the founder and visionary of Healing Souls, a private therapy practice in Uptown, Minneapolis specializing in sexual health, pornography and sexual addiction. Ryan leverages his background in traditional Adlerian therapeutic methods and infuses his work with holistic and experiential exercises that empower individuals to take charge of their sexuality and behaviors. Ryan earned his Doctorate of Transpersonal Psychology from Sofia University, San Francisco. He also has an M.A. degree in Marriage and Family Therapy from the Adler Graduate School and received his BA in Psychology from the University of Minnesota. Areas of Specialty include sex therapy, pornography addiction, LGBTQ, sexual addiction, sexual trauma, sexual reassignment, kink exploration, anxiety, depression, anger management, couple/marriage relationships, grief & loss, spirituality, and non-ordinary states of consciousness.

Register

How Teachers Can Encourage Parent Engagement

Research continues to demonstrate the very important role of families in children's academic success. A key role of educators is to examine the equity gap and to work diligently to narrow this gap by building relationships with family members in order to assure greater academic success of our youth. This two-evening workshop examines the role that the educator's cultural lens may play and how it informs listening and communicating with families. Participants will analyze the definitions of parent engagement and parent involvement so they become clearer about their own goals for families and how they communicate those goals to parents. Information and discussion regarding creative ways to connect with multiple families, including our newer community members, will be part of this workshop.

Date: 5/11/17 & 5/18/17

Time: 6:15pm-9:15pm

Location: 1550 E 78th St Richfield, MN 55423

CE/Credit: 6 CE

Presenter: Michelle Berscheid

Dr. Michelle Berscheid has worked in the metro area as a licensed parent educator for 29 years. Professional areas of interest include pre-kindergarten outreach and working with newer Twin Cities community members in order to assist them in navigating the often complex educational system. Dr. Berscheid holds a BA in Child Psychology, a Master's Degree in Education and an EdD.

Register

Socratic Questioning in Psychotherapy and Counseling (Course

716)

The course focuses on the uses of Socratic style questioning in psychotherapy and counseling as a means of respectfully revealing the client's mistaken beliefs and private logic. The emphasis will be on strategic questioning of the client to help them understand and work out their own solutions to their problems

Date: 5/15/17 - 6/19/17

Time: Asynchronous

Location: Online

CE/Credit: 1 credit

Presenter: Liza Finlay



A graduate of the Adler Graduate School, Liza has a private practice in Toronto, Canada, where she works primarily with teens and young adults, as well as parents and couples. Liza contributes to todaysparent.com and huffingtonpost.com. Her first book, on women at midlife, was published in the spring of 2015. She recently joined the faculty at AGS for which she teaches graduate-level writing.

Register

Introduction to Adlerian Play Therapy

This course we will explore Adlerian Play Therapy techniques, as developed by Terry Kottman, Ph.D. These techniques will assist you in building relationships with children, exploring the children's lifestyles, helping children gain insight into their lifestyles, and helping children create change in their thoughts, feelings, attitudes, and behaviors. There will be an emphasis on play therapy skills, Adlerian theory as applied to play therapy, and what makes Adlerian Play Therapy unique. Playful, hands on activities will be presented to assist students in experiencing different aspects of the Adlerian play therapy process, along with activities that can be utilized with clients.



Date: 5/19/17, 6/2/17, 6/9/17, 6/16/17

Time: 5/19, 6/2, 6/9 3:15pm-6:30pm, 6/16 9am-4:30pm

Location: 1550 E 78th St Richfield, MN 55423

CE/Credit: 15 CE

Presenter: Susan Dannen

Susan Dannen, LICSW, RPT-S, is one of the only individuals certified by the creator and founder of Adlerian Play Therapy, Terry Kottman, Ph.D., Susan has studied directly under Dr. Kottman and has known Terry for over ten years. As a certified trainer, Susan can share copies of Dr. Kottman's student training manual, as well as other handouts created by Dr. Kottman. Susan has over 20 years of experience in the mental health field, specializing in children and families. She is a Clinical Social Worker, and she is certified as a Registered Play Therapist - Supervisor. Susan is approved to supervise Play Therapy, Social Work, and LPC/LPCC.

Register

Advanced Seminar in Counseling: Human Sexuality

This course will increase awareness, knowledge, and skills



regarding a broad range of issues in the field of counseling when addressing human sexuality and intimacy issues across the lifespan; including assessment and interventions for common problems of sexual functioning. This course surveys biological, cultural, psychological, and ethical issues related to sexual behavior. Students will develop comfort in exploring subjects and working with a diverse range of clients on topics to include the expression of human sexuality and attitudes about sexuality.



Date: *coming soon*

Presenter: Rashida Fisher

Rashida has 10+ years of professional experience in addiction and co-occurring mental health treatment delivery, clinical supervision, and program development. Rashida specializes in Culturally Responsive Care and Trauma Informed Service Delivery. Rashida's work is grounded in social justice and advocacy that promotes empowerment, resilience, and growth.

For step-by-step registration instructions, please click [HERE](#).

Adler Institute | 612-767-7092 | events@alfredadler.edu | alfredadler.edu

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