

Adler Graduate School Alcohol and Drug Abuse Prevention Policy

Adler Graduate School maintains a drug-free, alcohol-free and smoke-free environment. Students, faculty and staff are prohibited from abusing and misusing controlled substances, intoxicants, alcohol and prescription drugs while working on campus or while attending school sponsored off-campus events. Also prohibited is the unlawful possession or intent to distribute illegal, mood-altering substances. Individuals found in violation of these regulations will be subject to the following:

Under Minnesota Law: Go to: <https://www.revisor.mn.gov/statutes/?id=152> for a complete list of penalties.

Under Federal Law: Penalties and Sanctions for Illegal Possession of a Controlled Substance 21 U.S.C. 844(a): First conviction up to 1 year of prison, fine of at least \$1000 but not more than \$100,000 or both.

After 1 prior drug conviction: at least 15 days in prison, not to exceed 3 years and fine of at least \$5000 but not more than \$250,000 or both.

After 2 or more prior drug convictions: At least 90 days in prison, not to exceed 3 years and fined at least \$5000 but not more than \$250,000 or both. There are special sentencing provisions for possession of crack cocaine.

Additional possible penalties for the illegal possession of drugs under 21 U.S.C. 853(a)(2) and 881(a)(7) are forfeiture of real or personal property used to possess or to facilitate possession of a controlled substance if that offense is punishable by more than 1 year imprisonment. Forfeiture of vehicles, boats, aircraft or any other conveyance used to transport or conceal a controlled substance; civil fine of up to \$10,000. Also denial of Federal benefits such as student loans, grants, contracts, and professional and commercial licenses up to 1 year for the first offense, up to 5 years for second and subsequent offenses; ineligible to receive or purchase a firearm.

Adler Graduate School Disciplinary Actions: Students found in violation of the policy will face disciplinary action, including the possibility of suspension and/or dismissal. Employees found in violation will also face disciplinary action, including the possibility of suspension and/or termination.

Health Risks

The health risks associated with abusing drugs and alcohol are vast. Listed below are the drugs and the effects they have on one's health.

- Alcohol is the only drug that affects every major organ in the body. Some of the health risks are change in behavior, impaired judgment, depression, respiratory and liver damage, impairment in higher mental functions affecting one's ability to learn and remember information, and death.

- Marijuana contains THC (Delta-9-tetrahydrocannabinol) which accounts for the mind-altering effects that occur with marijuana use. Other health risks include: memory and concentration problems, increased heart rate, decreased social inhibitions, sexual problems, impaired lung functioning.
- Stimulants include ecstasy, cocaine, MDMA, Adderall, and methamphetamine. Stimulants increase activity of the central nervous system. They also elevate mood, self-confidence, energy, heart rate and blood pressure. They can cause severe depression, psychoses, panic attacks and obsessions. Cardiac arrest and seizures can also result from the use of stimulants.
- Hallucinogens distort the perception of reality. Drugs found in this category are LSD, PCP, mescaline, Psilocybins. High doses can cause convulsions, coma, heart and lung failure, and death.
- Sedatives, Hypnotics and Anxiolytics are used to reduce anxiety and tension. These central nervous system depressants are also prescribed as sleep aids and anti-anxiety medications. They include: barbiturates and benzodiazepines: Ativan, Librium, Rohypnol, Valium and Xanax. High doses produce dizziness, slurred speech, impaired coordination; coma and/or death from overdose.
- Opioids are drugs that are derived from opium. They include: morphine, codeine, dilaudid and heroin. They are highly addictive and will reduce sensory feeling and sensitivity to pleasure and pain. Overdose risks include convulsions, coma and death.

This list is not all-inclusive. Students and employees should contact their physicians for additional information.

Treatment and Counseling Resources

The State of Minnesota offers many treatment programs and facilities. Some facilities may have a sliding or no fee program while others are covered by insurance. The insured should contact their insurance provider to determine if the costs are covered. Adler Graduate School recommends the following low to no fee programs:

Intensive Out-Patient Facilities:

- Fairview Recovery Services – 952-924-5901
- Hennepin County Medical Center – 612-347-7600

In-Patient Residential:

- Fairview Recovery Services – 612-672-2736
- The Retreat – 866-928-3434

Other:

United Way – 2-1-1

Alcoholics Anonymous – www.theagapecenter.com

Alanon/Alateen – 952-920-3961