



# Adler Graduate School

Practical psychology, inspiring change

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**Adler  
Graduate  
School**

offers  
the

**Master of  
Arts  
in  
Adlerian  
Studies**

with tracks in:

**Marriage &  
Family  
Therapy,**

**School  
Counseling,  
&**

**Management  
Consulting &  
Organizational  
Leadership**

**Certificates  
in  
Professional  
Life Coaching  
&  
Coaching and  
Consulting  
in  
Organizations**

## President's Corner AGS Adlerian Digitization Project



The Adler Graduate School (AGS) has been awarded a \$5,000 grant for an important library project.

The Clonik Publications Grant, through the North American Society of Adlerian Psychology (NASAP), awards this yearly grant for the promotion of scholarly Adlerian materials.

The grant application was written by Earl Heinrich who is in charge of our library. We wish to thank and congratulate Earl for this achievement, which is not only a great contribution to AGS, but to the greater Adlerian academic community as well.

The purpose of the project is to preserve and to make accessible the contents of old

Adlerian publications beginning with the NASAP publications, the Journal of Individual Psychology (under various titles since 1940) and the Individual Psychologist. These publications are becoming physically fragile and their availability increasingly rare.

The project will involve scanning the articles from the Journal of Individual Psychology (1940-1973) and the Individual Psychologist (1963-1981) into pdf format.

Most of these items are held in our collection at AGS, but we will be working with NASAP and other graduate schools to gain access to any items we do not have in our library.

The Journal of Individual Psychology is available in full text form from 1974 onward. It can be accessed via public and college libraries as well as the Adler Graduate School. We will be concentrating on the earliest issues.

Once this project is complete we will be able to furnish pdf copies of articles upon request; we may also be able to distribute it on CD via our website or the National Library of Medicine.

Again, Congratulations Earl, for a successful grant application!

Dennis Rislove, Ph.D.  
President, Adler Graduate School

## Why Therapists Should Be Concerned About AD/HD by Susan Pye Brokaw, M.A., LMFT, LICSW

Therapists need to be concerned about AD/HD because it affects 7-10% of our population and those with AD/HD are most likely to search out help due to the many problems they encounter.

If the therapist does not recognize the client's AD/HD

issues, it could be mistakenly assumed that the client is lazy, resistant to therapy,

Many of the symptoms of AD/HD can also be symptoms of other psychological conditions or misbehavior, so there is the chance the client could be under-diagnosed.

It is also true that sometimes due to poor assessment, people are misdiagnosed as having AD/HD when it is really another condition or misbehavior.

Many of those who have AD/  
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## AD/HD (continued from Page 1)

HD also have other psychological conditions which may or may not be diagnosed.

Discouraged AD/HD youth will develop behavior problems. Therapists (who are untrained in detecting AD/HD symptoms), as well as parents and teachers, often assume that child's problems are behavioral.

Using discipline to change a neurological condition not only doesn't work, but it also destroys the self-worth of the youth being disciplined and leads to more misbehavior.

AD/HD often results in a lifetime of numerous problems that result in underachievement, loss of employment, divorce and a life of chaos and discouragement.

Adults with AD/HD are often depressed and anxious due to the problems they encounter on a daily basis and for which they have no hope that the situations will change.

Because people's lives have become increasingly complex, the demands to stay on top of everything are difficult for nearly everyone,

but most especially for those with AD/HD.

To help this population, therapists must get training to be able to help clients with this very complex neurological condition. With appropriate interventions and strategies many of the problems of the AD/HD client can be overcome.

Next month Part II: *What is AD/HD and how can it be recognized?*

Susan Pye Brokaw is a faculty member at the Adler Graduate School.

### Frank Walton, Ph.D.

The Adler Graduate School Student Association is sponsoring this fall's program entitled, "The Adlerian Connection."

Dr. Frank Walton is the featured speaker for the program which will take place on Thursday evening,

November 16th at the Adler Graduate School.

Dr. Walton is a licensed counseling psychologist in private practice in South Carolina and has been a teacher, counselor, coach, professor and school board chairman.

He is Past President of NASAP and an adjunct

faculty member at the Adler School of Professional Psychology in Chicago.

Dr. Walton has also served on the board of directors of ICASSI and the South Carolina Child Care Association.

**For more information, please call 612-861-7554**

## Library News

### Video

The school now has a copy of the video which was shown at AGS last month of Bill and Mim Pew. The video shows the Pews doing a series of individual, couple and family counseling demonstrations from the mid-1970's.

The call # is: RC 488.5 P32 1975.

### Journals

Issues of the Journal of Individual Psychology (previously Individual Psychology) from 1974 onwards are available full-text online thru Academic Search Premier (part of the EBSCO

resources our library has access to via subscription).

Academic Search Premier is available via Minnesota public and academic libraries that participate in the ELM (Electronic Library for Minnesota) program funded by the State of Minnesota. (continued on page 3)

# New Workshop on Life Coaching

This workshop is for those who are interested in adding coaching to their professional skill set, for those who want to become a life coach, and for those who just want to know what the buzz is about.

You will get answers to these questions: What is professional life coaching? How is it different from other forms of helping or consulting? What's involved in a career as a coach?

You will learn coaching techniques that you can use immediately in your work environment.

You will gain skills in creating compelling goals and learn how to use resistance to gain cooperation.

You will practice creating measurable action based on compelling goals and you will learn

how to bring out the best in others and how to help them expand their strengths.

Participants will practice encouragement techniques that work and how to get past obstacles and fears.

For more information about registering call 612-861-7554 or email Paula Hemming at [coachpaula@earthlink.net](mailto:coachpaula@earthlink.net)

# Library (continued from page 2)

## Learning the Cataloging System

People wishing to familiarize themselves with the Library of Congress cataloging system (which is what we are converting to here at AGS) can look at our page at: <http://www.alfredadler.edu/library/LC%20Call%20Numbers.htm>

[library/LC%20Call%20Numbers.htm](http://www.alfredadler.edu/library/LC%20Call%20Numbers.htm)

Books shelved using Library of Congress (LC) call numbers will have the same call number in any library that uses LC call numbers. Hence, these call numbers are equally valid at the University of Minnesota, the

Minneapolis Public Library, and other libraries that use this system.

Using the Library of Congress system means that books will be grouped by subject rather than shelved by author's name.

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# Adlerian Play Therapy Workshop

**Friday, November 17**

**Workshop presenter:  
Terry Kottman, PhD,  
LMHC**

This workshop will introduce you to Adlerian play therapy. This is a method which integrates the concepts and techniques of

Adlerian psychology into the practice of play therapy.

You will learn how to use these concepts and techniques to establish a relationship with your child client, explore the child's lifestyle and help the child gain insight into his or

her behavior.

You will also learn, in consultation with parents, how to re-orient and re-educate the child.

Dress comfortably and be prepared to play!

**To register, call  
612-861-7554**

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Our library computers, which are available for student use, have Microsoft Office 2000 installed on them which includes MS Word (for word processing), Excel (spreadsheets), Access (databases), Publisher (Desktop Publishing/Page Layout), and FrontPage (web design). One of the computers has EndNote, Version 10 (bibliographic software) and one has a scanner attached with basic scanning software.

Earl J. Heinrich  
Adler Library

The Adler Graduate School is an equal opportunity educational institution and employer which does not discriminate on the basis of race, creed, color, national origin, sex, age, sexual orientation, veteran status or physical ability in the employment of its faculty or staff, the admission or treatment of its students, or in the operation of its educational programs and activities.

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Thanks to  
Dennis Rislove,  
Earl Heinrich,  
Susan Pye Brokaw  
and  
Paula Hemming  
for their contributions to this month's newsletter.  
Kate Moore, Editor

## **Coming in November**

### **Fall Graduation Ceremony and Reception**

**You are cordially invited to  
attend the fall graduation  
ceremony of the  
Adler Graduate School  
Sunday, November 5, 2006  
at  
1:00 p.m.**

The graduation ceremony will be  
held at:  
**Richfield Senior High School  
Auditorium  
7001 Harriet Avenue South  
Richfield, MN 55423**

Immediately following the  
ceremony, please join us at the  
reception at:

**Adler Graduate School  
1550 East 78<sup>th</sup> Street  
Richfield, MN 55423**

All are welcome, especially to the  
reception at the AGS facility in  
Richfield. The attached map  
shows the locations of both Rich-  
field High School (RHS/ Star) and  
Adler Graduate School (AGS/  
Box).



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