

A

Adler Graduate School Newsletter

Practical psychology, inspiring change.

Volume 2, Issue 8

August, 2005

The Adler Graduate School

Offers:

Master of Arts
in Adlerian
Counseling
&
Psychotherapy

Certificate:
Professional Life
Coaching

Certificate:
Coaching
and Consulting
in
Organizations

*"We are not
determined by our
experiences
but are
self-determined
by the meaning we
give to them."*

Alfred Adler

The ICASSI Experience

The International Committee for Adlerian Summer Schools and Institutes (ICASSI) held its 38th annual summer school in Malta in July.

The Adler Graduate School was represented by students Angela Potas, Anna Williams, Cynthia Gill, Dave Grande, Suzannie James-Sveback and Roberta Mann-Benson.

Faculty members Paula Hemming, Mary Jamin Maguire and Jana Goodermont were also in attendance.

AGS student, Cynthia Gill wrote the following during her experience:
"A highlight of this experience

would be very difficult to identify. Every day is so filled with rich experience, I am tempted to "burn the candle at both ends" to take in as much as possible.

I am so impressed with the quality people I am meeting. At every meal it seems I learn new and fascinating things - not only about Individual Psychology, although definitely that, - but about cultural differences. Yet, what I've discovered is, we all have in common a deep desire to help other people using Adlerian ideas.

It's an amazing environment here; people are so caring and devoted, humorous, so unassuming and committed to im-

proving the world. If it weren't for the Adlerian education I've had, I might be tempted to feel inferior!

The material in the sessions and classes is rich. I write down as much as I can because I know I can't possibly process it all now. I will need time in the future weeks and months to do so.

Overall, I'd describe ICASSI as intense and rich. It's no surprise that people return year after year."

Cynthia Gill

The ICASSI summer school draws not only individuals,
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Adler around the World: Joyce Callus of Malta

By Kate Moore

Fourteen years ago Joyce Callus, an educator in Malta, was riding a bus with a friend who had just attended a meeting about Adlerian psychology. Her friend said, "It wasn't for me, but I think

you'd be interested." Callus went to the second meeting and has been hooked on Adlerian Psychology ever since. "From my head to my toes," says Callus, "I'm an Adlerian."

Adler's philosophy says Callus, "Gave a spine to my work and my ideas." Though she had always treated her students with respect throughout her

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Valletta, Capital of Malta

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Adler Open House

The Adler Graduate School holds an Open House the first Wednesday of every month from 6:00-7:30 p.m.

Prospective students will meet some of our faculty and students and will learn about our Master's Degree in Adlerian Counseling and Psychotherapy as well as our two certificate series, Professional Life Coaching and Coaching and Consulting in Organizations.

The next open house will be held on September 7th.

The Adler Graduate School is located at 1001 Highway 7, in Hopkins, Minnesota.

Please call 952-988-4327 for directions.

ICASSI (continued from Page 1)

but families as well.

AGS student Dave Grande and his wife, Alisa attended the Malta conference together and had this to say about their experiences: "ICASSI has been an enlightening and exciting event. I've learned a lot about myself and others. Best of all are the tools I can share with others to help

them see strengths they may not fully recognize and then encourage them to use their strengths to enjoy more of life and work."

Alisa Grande

"The class content and quality of instructors are exceptional. But, most interesting to me, has been the modeling of social interest and related tech-

niques. I liken this to what I imagine it would be like to spend two weeks with a group of Hobbits. The level of goodwill and the positive outlook demonstrated are impressive and warming."

Dave Grande

The 39th Annual ICASSI Summer School will be held in Oberstaufen, Germany in 2006.

Major Donors to Bartholow Media Center

The following are among those who have donated materials to the collections of the Adler Library. We wish to again express our gratitude to them and to many others for their donations.

Robert G. Bartholow
Bill & Mim Pew
Kay Conlon
Mona Affinito
Gladys Folkers
Catherine Furnberg
Stacie Bigelow
Signe Shields
The Adler School of Professional Psychology
Harold H. Mosak
Wes Wingett
John Reardon

We now have an almost complete collection of Journal of Individual Psychology. We also have a complete collection of The Individual Psychologist thanks to donations from

former subscribers.

We also have multiple copies of each issue of Adler's 1935-37 journals, International Journal of Individual Psychology and have recently acquired our first copies of Adler's *The Problem Child*.

Donations of books and materials are a vital part of the growth of our collections, especially as many Adlerian materials have had a limited circulation and do not stay in print for long.

We encourage people to consider donating books, journals and audio/video materials to the Bartholow Media Center.

Donations have enabled us to share extra copies of Adlerian materials with the newly founded West Texas Institute for

Adlerian Studies.

Non-Adlerian materials that are donated to our library are passed along to the gifts department at the University of Minnesota, which distributes materials to libraries around the region and the world.

The U of M has helped to replenish libraries after disasters in cities such as Fargo/Moorhead and Prague, Czechoslovakia and has established new collections at other libraries such as a one in India which was given a complete collection of National Geographic magazines.

Earl Heinrich
Robert G. Bartholow
Media Center

President's Corner

New School Counseling Program Director

We are pleased to welcome Christopher Helgestad of Otsego, Minnesota as the new Program Director for the School Counseling Program at the Adler Graduate School. He replaces Wes Wingett who resigned in May.

Chris completed his B.S and M.A. degrees at the University of Minnesota. His undergraduate work was in the area of Child Psychology and his graduate work led to licenses in both School Counseling and

School Administration in which he holds a license as a principal. He has been an administrator, facilitator, counselor and lead teacher in several special education programs in the metro area

On July 1st Chris began his new position with AGS and is finalizing the school counseling program proposal for a program review by the Minnesota Department of Education, and for final approval by the Board of Teaching. We have already received institutional approval from the Board of Teaching. We are hoping to receive tentative

Dennis Rislove, Ph.D.

program approval in time to begin offering courses during the fall term starting in October.

The special training and experience Chris has had will be great assets to AGS as we continue our efforts to establish this new program.

We are very happy to have Chris Helgestad as part of our outstanding faculty at the Adler Graduate School.

Dennis Rislove
President,
Adler Graduate School



Sunrise
Marsascala, Malta

Life Coaching Seminar

Find out what Life Coaching is all about at this no-cost seminar.

You'll hear about AGS' Life Coaching Certificate series and observe a demonstration of one-to-one coaching.

The seminar meets the second Wednesday of every month.

The next Life Coaching Seminar will be held on September 14th from 6:00 – 7:30 p.m. at the Adler Graduate School, 1001 W. Hwy. 7 in Hopkins, Minnesota.

To register for the seminar call Ev or leave a message at: 952-988-4327.

For questions regarding the coaching program email Paula Hemming at: coachpaula@earthlink.net

Joyce Callus (continued from Page 1)

years as a teacher, Callus now says of her Adlerian education, "It changed my whole perception and understanding of my students. If only I'd known this at the beginning of my career."

Callus earned her B.A. from the University of Malta where she submitted that university's first-ever thesis on Adlerian Psychology entitled: *Empowerment through Understanding*. Callus wrote

her Master's thesis, *From Childhood Apperception to Adolescent Behavior*, at Brunel University in England.

An educator and school counselor for over 25 years, Callus has developed a program, *There Must Be a Better Way*, in which she trains parents and teachers how to use Adlerian principles in their families and schools. The program,

which is hands-on and experiential, is offered to educators in church and state schools and to parents through evening community groups.

Participants are educated about the principles of democracy, self-esteem, effective communication, understanding behavior, positive discipline, family councils and classroom meetings. (continued on back page)

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We're on the web!
alfredadler.edu

Thanks to the following for their contributions to this month's newsletter:

Joyce Callus
Cynthia Gill
Alisa Grande
Dave Grande
Earl Heinrich
Dennis Rislove

Kate Moore, Editor

The
Adler Graduate School
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Hopkins, Minnesota

Adler Graduate School

Adler Graduate School Mission Statement

The mission of the Adler Graduate School is to educate ethical, reflective, highly competent, comprehensively informed, continually learning, Adlerian-based professionals who are prepared to improve the interactions and conditions of the people, organizations, and/or communities they serve.

Principles of Research Class Web Page

On the AGS website we have created the first course web page, which is for Stacie Bigelow's Principles of Research class in August. It has her syllabus, class assignments, links to portions of our website that are useful for research, links for purchasing supplemental materials, the beginnings of a course guide description of the class and a place for her classroom Power-Point presentations.

Earl Heinrich

The page can be viewed at <http://www.alfredadler.edu/students/courseweb/500/500research.htm>.

Joyce Callus

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Callus is driven to help others establish more understanding, respect and cooperation in the home and in the classroom.

"Adlerian Psychology has no boundaries," says Callus, who has traveled through the ICASSI Outreach program to universities in Turkey, the Czech Republic, Bulgaria and Romania where she has she has taught mini-classes.

She says of her travels, "The concerns of parents and teachers are the same the world over. Adlerian Psychology offers a better way

of dealing with students in the classroom and children at home and breaks old cycles that don't work."

Joyce Callus has had a lot to do with increasing the interest of the Maltese people in Adlerian Psychology. Many of her country's people have either heard of Adler or have attended one of Callus' groups.

Those first Adlerian meetings Callus attended in Malta spawned, what is today, the Malta Adlerian Psychology Association (MAPA), where she offers free monthly lectures and of which she is

currently the chairperson.

Callus has also been invited to lecture at the University of Malta where she will be teaching Adlerian credit classes in the near future.

Joyce Callus' life and work are dedicated to sharing the principles of Adlerian Psychology. "It's practical and down-to-earth," says Callus, "and when it's applied by parents and teachers, it works."

Joyce Callus, M.A., can be reached at callus@maltanet.net