



# Adler Graduate School Newsletter

*Practical psychology, inspiring change.*

Volume 2, Issue 7

July, 2005

*“The oldest of human strivings is to be at one with our fellow human beings.”*

*Alfred Adler*

**We're on the web!**  
[alfredadler.edu](http://alfredadler.edu)

## Research at Your Fingertips

The Adler Graduate School (AGS) has taken another exciting step into the electronic age of library research through its new association with the Electronic Library of Minnesota (ELM).

Through ELM we now have a variety of new resources available from a number of vendors. These new capabilities put major research and reference materials at your fingertips. With a user ID and password, student and faculty may access these resources from AGS' computer lab or from any location that has internet access, including your own home.

AGS now offers Academic Search™ Premier, which is the largest multi-disciplinary, academic, full-text database in the world. It provides

abstracts and indexing for 8,000 publications and full-text availability for over 4,000 of those indexed. Academic Search™ Premier will expand your research capabilities into many areas such as social work, social welfare, sociology, medicine, religion, chemistry, etc. A

Another exciting addition is WorldCat® which has 58 million bibliographic records of books and materials in hundreds of languages dating back to 2100 BC. The records are gathered from libraries in more than 80 countries. WorldCat® will enable you to find resources you might not be aware of and to locate the library which holds that resource.

We also have Business

**by Earl Heinrich**

Source® Premier, Regional Business News™, and MasterFILE™ Premier which provide indexing and full-text resources in business and almost any other area of interest including education, computers, history, social work and medicine.

Also newly available at AGS are:

InfoTrac®, the Professional Collection, which features online text journals for educators

NetLibrary® Shared Collections which provides online access to 13,000 eBooks

ProQuest Newsstand™ Complete, a database with

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## Student Spotlight: Bob Cornelius

Bob Cornelius grew up in a family that provided foster care for more than thirty children. Most of those children were young and many of them had some form of disability. His parents adopted two developmentally disabled boys with Muscular Dystrophy and a girl

who was born with Fetal Alcohol Syndrome. Asked why he does the work he does, Cornelius says, “Your lifestyle is created by how you grow up. If you have that type of diversity in your family, you’re probably bound to head in that direction.”

**by Kate Moore**

Cornelius works for MinnesotaCare where he supervises a staff of fifteen. His team processes applications and maintains case loads for Minnesotans who do not have access to affordable health care insurance.

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## Research at Your Fingertips

abstracts and indexing from over 350 newspapers, 250 of which are full-text. Twenty-seven major newspapers are represented, including The Wall Street Journal, The Washington Post, The New York Times, Chicago Tribune, Los Angeles Times, and USA Today

Since 2004 we have subscribed to the PsycINFO™ and PsycARTICLES™ databases from the American Psychological Association. PsycINFO™ is an index of abstracted articles from journals in the fields of psychology and mental health, some of which date back

more than century. It also indexes books and doctoral theses in the field of psychology. PsycARTICLES™ contains full-text articles from over fifty journals. We also have access to the Psychology and Behavioral Sciences Collection™ from EBSCO which contains full-text articles from more than 500 journals.

This year we've also acquired PsycBOOKS™ and PsycEXTRA™ from the APA which offer even more full-text capability for research and which do not duplicate the coverage provided by PsycINFO™. Adler Graduate School also

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offers the use of the Professional Development Collection™ from EBSCO which has full-text articles from a variety of fields, many of which are related to counseling psychology and school counseling.

Any student or faculty member who wishes to use AGS' large array of online resources should contact me at (952) 988-4170, ext. 5712.

Earl Heinrich  
Bartholow Media Center

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## An Opportunity for AGS Alumni

Any person who has graduated from AGS is eligible to use, for a fee, our online EBSCO research resources.

This is a great opportunity for alumni who are therapists, writers, researchers and educators.

Please call Earl at (952) 988-4170, ext. 5712, to sign up. You may also contact him at [earl@alfredadler.edu](mailto:earl@alfredadler.edu)

## AGS Seeks New Board Members

The Adler Graduate School is seeking two new members for its Board of Directors.

These volunteer positions are open to anyone who is interested in the governance of the school and who is able to attend a monthly meeting.

If you are interested in being a board member, please call me and I will forward your name to the person in charge of the search.

Evelyn Haas  
952-988-4327

## President's Corner

### Conversion Process Proceeding Smoothly

The Adler Graduate School is in the middle of a conversion from a two-credit per class format to a three-credit per class format. The conversion is scheduled for completion by the beginning of the fall term in October.

The big advantage of the new format for students is that the new program will cost substantially less to complete than it has in the past. The advantage for AGS is that it will help us remain competitive in the global market of higher education.

We want to thank the faculty and staff, as well as the students, for the time and effort they've contributed to make this conversion as smooth as possible.

We are scheduling a number of one-credit classes in July and August to minimize the disruption for students in the middle of their master's program. Individual students have been meeting with Evelyn Haas, Director of Student Services to plan out the remainder of their program. Any student who has not met with Evelyn should call her at 952-988-4327 to set up a time for a conference.

Faculty members are revising course syllabi to appropriately use the time allocated in the new three-credit format, and the staff members are rewriting the catalog and the faculty and student handbooks.

### School Counseling Program

On June 10<sup>th</sup> the Minnesota Board of Teaching approved the Adler Graduate School

by Dennis Rislove, Ph.D

to prepare and license educational professionals in Minnesota. It was the first step in the approval process for our newly proposed school counseling program. We expect to receive the report from the program review shortly. If it is approved by the Department of Education we will begin to offer the program to students this coming fall.

Things are going very well for AGS. Thank you to all of you who are responsible for ensuring that our future is bright.

Keep up the good work!

Dennis Rislove, Ph.D.  
President, Adler Graduate School

## Bob Cornelius

Besides his supervision duties, Cornelius is responsible for the interpretation of policy for each Minnesota-Care applicant. Twenty-percent of the applicants' life situations cannot be easily interpreted. That's where Cornelius and his staff come in.

They decipher the health care program policies and manuals to ensure that all who are eligible will receive health care coverage.

In addition to his work, Cornelius decided a master's degree in counseling would be something that would deliver to him his goal of being in control of his own destiny.

He discovered the Adler Graduate School during his search for an affordable program that would help him reach that goal. "I had no idea what Adler brought to psychology," says Cornelius. "It was no ingenious

move on my part; it was just something I happened to stumble into."

Cornelius is on the LMFT track and will be graduating in the spring of 2006. Now that he's been at AGS awhile, he says he's been thrilled with how Adlerian psychology gels with his personal beliefs. "I have taken this Adlerian philosophy and applied it to my own life," he says.

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Adler Graduate  
School  
1001W. Hwy. 7  
Suite 311  
Hopkins, MN 55305

952-988-4170

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**“Just as I would help others find reasons to change, I too can change my mistaken beliefs.”**

**Bob Cornelius**

Thanks to Kim Smisek, Bob Cornelius, Earl Heinrich, Evelyn Haas and Dennis Rislove for their contributions to this month's newsletter.

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Adler Graduate School

## Adler Graduate School

### Adler Graduate School Mission Statement

*The mission of the Adler Graduate School is to educate ethical, reflective, highly competent, comprehensively informed, continually learning, Adlerian-based professionals who are prepared to improve the interactions and conditions of the people, organizations, and/or communities they serve.*

### Bob Cornelius

“It’s so right for who I am and for my lifestyle, I’m flabbergasted.”

Studying the psychology of Alfred Adler has, says Cornelius, given him the opportunity to reflect on his own life and the reasons why he holds certain beliefs and thoughts and why he does the things he does. “That’s what it’s boiled down to over the course of time that I’ve been at Adler,” he says. “It’s allowed me to analyze my own life and realize that there’s a rhyme and a reason why everything happens.” He adds, “Just as I would help others find reasons to change, I too can change my mistaken beliefs.”

Not only, says Cornelius, will his master’s degree make him more marketable at work, it will also enable him to use his counseling skills in an area that speaks to his passion for helping others. He hopes to eventually counsel people at his

church and says there is no specific population with whom he wants to work. “It’s just the idea that, whoever comes through the door and asks for help,” he says, “I will help no matter

what that person is dealing with.” For Bob Cornelius, anyone who wants some time gets some time. He says, “Our society, as a whole, is not equipped to offer people with low incomes the ability to get counseling.” By offering counseling through his faith community, for either a small fee or at no charge, he says, “People who don’t have a job or health insurance will have somewhere to go.”

What keeps Cornelius in the work he does is that he enjoys it and thinks there needs to be somebody available to help the people who can’t do it for themselves. He says there are just not enough people who are comfortable doing work

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with the disabled and those living in poverty. “There are probably a lot who are willing, but they may not be comfortable,” he says. “It just seems natural for me to do it.”

For Cornelius it’s also about melding his Christian perspective with psychology to work within his calling, which he says, is to help people release themselves from their pain. “I want to offer services that are often overlooked.”

Cornelius says his mission is to help people who are impoverished, disabled or who are struggling with mental health issues. “If it’s in your passion zone, and you really enjoy doing it, it’s effortless,” he says. “I like what I do. It’s not always pleasurable, but it certainly is gratifying.”

To learn more about MinnesotaCare go to: [minnesotacare411.com](http://minnesotacare411.com)